

Instructions self-extracting zip files

Some readers have experienced problems with the self-extracting zip files. These instructions are intended to assist in learning the process.

Important: We all use different versions of Windows, Office and different browsers. They may have quite different settings. We may also have different zip software on our PC. To open self-extracting zip files it is not necessary to have any zip software, but if you do it could affect what you see. All of these things can affect how things will look and operate. At the time of writing this I am using Windows XP, Office 2007, Internet Explorer 8 and Winzip 12.1. If your screens look different to mine, try to execute a similar step on your PC.

Open www.bwts.com.au and click on Resources in the menu bar at the left of the home page. I assume you are at that page if you are reading this file.

Using Coppock Spreadsheets as an example scroll down if necessary to that section of the page, which should look like this:

Coppock Spreadsheets

I have created an Excel Workbook containing spreadsheets for the ordinary Index and for the other major world stock market (UK) and Nikkei225 (Japan). The calculation steps are shown in the workbook. **workbook is in xlsx format (Office 2007). If working in a web site at**

<http://www.microsoft.com/downloads/details.aspx?FamilyId=5>

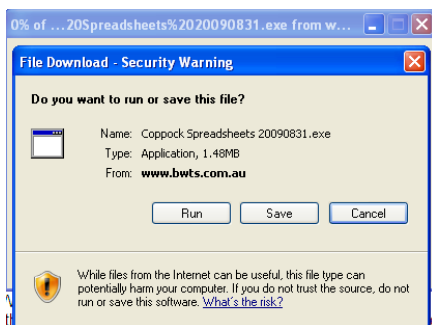
This file is a selfextracting zip file. Click on the link below:

- [Coppock Spreadsheets](#) (03 Sep 2009)

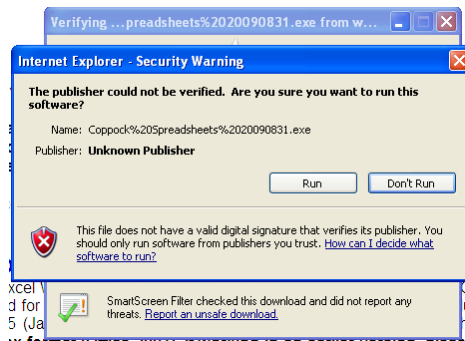
Left click on the link:

- [Coppock Spreadsheets](#)

You should see this:

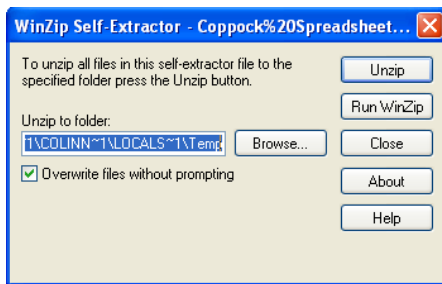


Left click on Run and this should open:

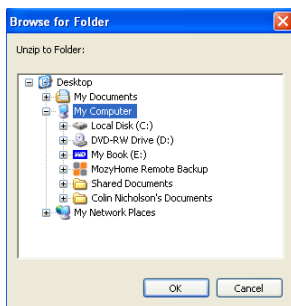


Left click Run

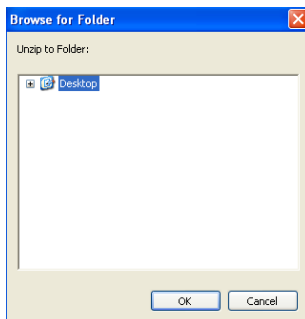
This should open for you:



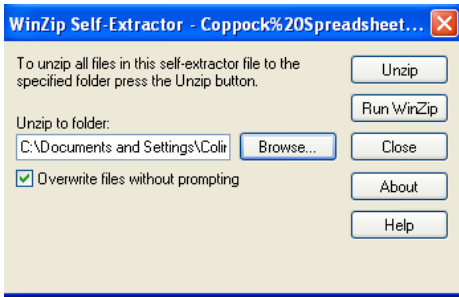
Left click Browse and navigate to the folder to which you want to download the spreadsheets. This is the series of screens I get in selecting the Unzip to Folder:



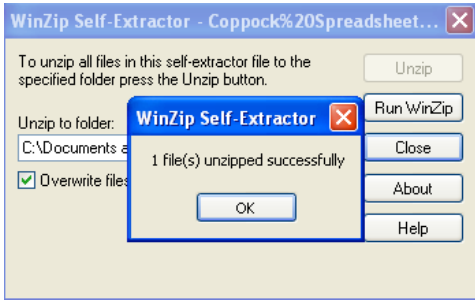
Double left click Desktop and you should get this:



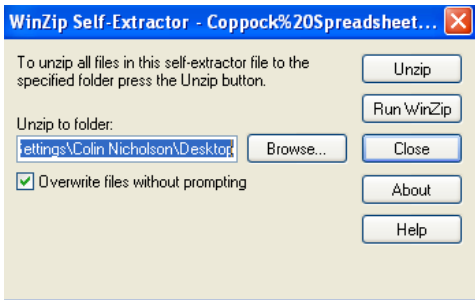
Left click OK. You should now see this:



Left click Unzip and you should see this:

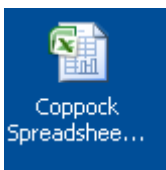


Left click OK and you should be left with this:



Left click close

Navigate to your desktop and you should see the icon for the spreadsheets file:



Double left click the icon and the spreadsheet should open for you.

As explained on the Resources page, you will need Excel 2007 installed on your PC to open the spreadsheet, which is in the Microsoft Office 2007 format.

If you have an earlier version of Microsoft Office or Microsoft Excel, you will first need to download the free Compatibility Pack from the Microsoft website. There is a link on the Resources page to the download page on the Microsoft website.